Locked In

Fact sheet · iPhone app blocker

What it is

Locked In is an iPhone app blocker that combines location-based blocks with a friend who keeps you honest. You can start a block right away, set blocks on a schedule, or have apps blocked whenever you're at a place you pick. To end a block early, you can ask a friend to approve it or solve a short challenge.

Key facts

- **Platform:** iPhone only, iOS 18 or later.
- **Quick Block:** start a block in one tap.
- **Schedules:** block chosen apps at set times.
- **Red Zones:** block chosen apps whenever you're at a place you pick.
- **Guardian:** when you try to end a block early, a friend you pick gets your request by text and approves or denies it on a web page.
- Locked In blocks apps. It does not block websites, set daily time or open limits, or show screen-time stats.

Pricing

Free plan includes one Quick Block a day, up to 5 minutes. The paid plan is $9.99/month or $89/year with a 7-day free trial, and adds Quick Blocks up to 4 hours (extendable), Schedules, Red Zones and Guardian.

Founder

Neelam Desai, solo developer.

Links & contact

App Store	https://apps.apple.com/app/locked-in/id6758916241
Website	get-lock-in.com
Press contact	neelamdesai2000@gmail.com